

Rising Warrior Lacrosse Registration Form:

Campers Name: _____
Address: _____
City: _____
State: _____ Zip: _____
Age: _____ Grade: _____
Parent's Name: _____
Parent's Cell Phone: _____
Parent's Home Phone: _____
Email Address: _____

This is to certify that my child has had a physical examination by a licensed physician within the last six months and is free from any and all illnesses, injuries, or defects that would inhibit any and all participation in camp. I give permission for my child to attend the Rising Warrior Lacrosse Clinics. I accept responsibility of transportation to and from the clinic location. My child and I agree to abide by the rules, regulations, and procedures of the Rising Warrior Lacrosse Clinic. In case of injury, I authorize first aid treatment as needed for my child. I have noted on this application any of my child's medical conditions or limitations.

Medical Concerns: _____

Parent Signature: _____

Date: _____

Camp Goals

- Teaching the fundamentals of lacrosse at both team and individual levels
- Learning the rules of the game with a focus on good sportsmanship

Highlighted Skills

Passing
Catching
Ground Balls
Communication
Team Offense
Team Defense
Goalkeeping
Footwork

Methacton Boy's Lacrosse

Head Coach Nathanael Ryan

nryan@methacton.org

1005 Kriebel Mill Rd
Eagleville PA, 19403

610-489-5000 ext 26141
610-489-8165 (fax)

Rising Warrior



Lacrosse Camps

Methacton High School 2016

June 27th – 30th
9:00-12:00

www.methactonwarriors.org

An instructional camp for players (age 8-14) run by the players and coaches of Methacton High School.

Camp Staff

Nathanael Ryan (Camp Director)

Coach Ryan is entering his 7th year at Methacton High School as the Head Varsity Coach. This follows his playing and coaching career at Eastern University where he served as an offensive assistant coach for two years.

Grady Wise (Asst. Director)

Coach Wise enters his 5th year at Methacton and 10th year coaching overall. He has coached at all levels (Youth, JV, Varsity Head Coach) and also runs the Black Bear North Club program.

Steve Kistler (Asst. Director)

Coach Kistler enters his 3rd year with the Methacton Boys Lacrosse program. He has served as both Varsity Assistant and JV Head Coach following his playing days at Millersville University.

Boys Varsity Players (Methacton High School)



Camp Information

Location: Methacton High School,

Time: 9:00 – 12:00. Please make sure players arrive promptly for warm-ups.

Dates: June 27th – 30th

Cost: The full week costs \$130 for the week and includes a Pinney for the camp. All proceeds benefit the MHS Boys Lacrosse program.

Registration:

www.methacton.org/summercamp

Equipment: Campers are responsible for their own equipment. Because lacrosse is a contact sport, any player lacking proper equipment will not be allowed to participate.

What you need :

- Helmet
- Gloves
- Shoulder Pads
- Arm Guards
- Athletic Protector (Cup)
- Mouthguard
- Cleats / Athletic Shoes
- Lacrosse Stick
- Water / Sports Drink

Camp Schedule

8:45 – 9:10 : Campers Arrive

9:10 – 9:25 : Warm-up Stretch

9:25 – 10:00 : Individual Skills

10:00 – 10:45 : Small Group instruction

10:45– 11:30 : Team Comps / Games

11:30 – 11:50 : Scrimmage (* if numbers permit)

11:50 – 12:00 : “Rules Of the Game” followed by Cool Down/ Prizes

Camp Highlights

- Small Group Instruction
- Fun / Developmental Games
- Focus on Good Sportsmanship
- Team Concepts / Games
- Prize Giveaways

Contact / Mailing Info

Nathanael Ryan
1005 Kriebel Mill Rd
Eagleville, PA 19403
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